



Kathleen Kellenbeck

Certified NeurOptimal® Trainer



Kathleen Kellenbeck is the heart behind BrainJoy and the voice for the Medford-based company that brings balance and harmony through NeurOptimal® Technology. Through BrainJoy, Kathleen connects her life's journey with her extensive education, studies in holistic healing arts, a passion for neuroanatomy, and the latest in brain-balancing technology.

Kathleen is a Certified NeurOptimal® Trainer and a client herself. She holds a Bachelor of Arts Degree with a major in Psychobiology and Premed Curriculum from New York University. During her career, Kathleen served as a patient advocate at Beth Israel Medical Center and patient-family liaison at the NYU Medical Center Intensive & Cardiac Care Units, as well as running the pediatric epidemiology research lab.

After relocating to Southern Oregon, and having experienced weight loss through gastric bypass surgery, Kathleen began to co-facilitate bariatric surgery preceptorship programs for Vista Medical Technologies in hospitals and surgical practices nationwide. Kathleen connected with both the physical and emotional sides of the procedure and was eager to settle down and stop traveling after meeting her husband. In 2002 she was instrumental in launching Southern Oregon Bariatric Center (SOBC) a partnership between Oregon Surgical Specialists and Rogue Valley Medical Center, the region's first facility of its kind focused on the surgical treatment of chronically obese individuals.

Kathleen's empathy for gastric bypass and lapband surgery patients at SOBC fueled her passion for seeing major life changes in people extending her search to address their underlying psychological cause in order to support patients' lifelong success. Kathleen's persistence led her to NeurOptimal® Technology. Having experienced the profound benefits, she became convinced it was the missing piece in overcoming so many issues and supporting an overall life-enhancing experience.

In 2011, along with her husband Mark, Kathleen co-founded BrainJoy, where together they offer non-invasive NeurOptimal® sessions to clients seeking to improve their well-being, struggling with addictions, stress, insomnia, eating disorders, depression, post-traumatic stress disorder, learning disabilities and other life issues.
